

### *From our House to Yours...*

*Randi Gurian, Executive Director*

"There aren't really homeless girls on the North Shore are there?" "Not in the Northwest suburbs?" "Not where I live? I live in a nice area. We don't have those kinds of problems."

Those are the comments I hear when I tell people about The Harbour. They are shocked to hear that in this relatively affluent and comfortable area we need an emergency shelter for youth, and that we have about 40 girls in care either in our emergency shelter or transitional housing programs at all times.

When we think of homelessness we think of mental illness, drug use, alcoholism. For adults those are the big three reasons leading to chronic homelessness. For youth it isn't about family income, or about their issues, it is about family dysfunction and stress. The girls who come to us have come from families who are unable to succeed in a basic way, they are unable to complete the job of successfully "launching" their soon to be adult children.

Teenagers are hard, for many families it is the terrible twos all over again complete with tantrums and attempts at independence beyond their ability to make good decisions. For families under the stress of unemployment normal adolescence can be beyond the capacity of the family to copy. This year we served 20 more youth than in FY08, a 23% increase. Most of the increase were pregnant or parenting young moms.

The recession has had other impacts on The Harbour. The number of youth receiving (and requesting) services is up...but our donations are down. Foundations, corporations, and individuals all reduced donations in response to the economic downturn. Townships, impacted by the housing market, reduced their funding to us. The state cut some funding, more significantly began to pay later and later. We have had to borrow more money, and have paid it back at a slower rate because of cash flow issues.

Our programs are built around moving youth to safety and self-sufficiency. Youth are the segment of the population which have been most seriously hit by unemployment. The general unemployment rate in Illinois has been about 10%, for youth it is around 20%. Youth are having a harder time finding and maintaining employment. Public transportation is limited in our area, and few clients own or have access to a car. This has meant that youth are staying in our programs longer, and needing more financial assistance. These young people work hard, they have dreams, it is more and more difficult for them to fulfill those dreams.

*The good news is that The Harbour is here to help. With your support we are continuing to nurture young women towards responsible adulthood.*

*Thank you for your support. They need us. We need you.*



### **Coming Up! Annual Spring Benefit Are you feeling LUCKY?**

Please join us for *The Harbour Casino Night*, our 39<sup>th</sup> Annual Spring Benefit at The Lakeview Room at Park Center in Glenview, on **Saturday, May 15, 2010** from 6:30 PM to midnight (for more information on this beautiful venue, go to: <http://www.glenviewparks.org/Park-Center/Lakeview-Room.htm>).

*The Harbour Casino Night* will feature cocktails, dinner, gaming entertainment and auctions for great prizes. As in past years, an outstanding local youth advocate will be honored with the annual *Bobby Meyer Commitment to Youth Award*, and a Harbour graduate will receive The Harbour *Beacon of Success Award*, an honor presented annually to a particularly accomplished former client. All proceeds from this event will help to fund our Emergency Shelter, Transitional Living, Independent Living and STEPS programs that provide shelter and essential services to homeless, runaway, abused and neglected youth in our community.

With your help, we can continue to make a real difference for less fortunate young people, as we have done for 38 years. *Please consider one or more of the following ways that you can support The Harbour's 39<sup>th</sup> Annual Benefit that helps fund our crucial services to at-risk youth:*

1. Purchase Tickets and Attend the Event: Both individual tickets and tables are available - and you are guaranteed a night of fabulous food, fun and memorable entertainment. Attend this very special event and bring your friends!
2. Sponsorship: There are several opportunities available for both corporate and individual sponsorship, each with corresponding levels of recognition.
3. Donate an Item to the Live or Silent Auction, or Bid and Purchase an Auction Item: You will receive recognition in the Program Book for your gift and the gratification of knowing that your gift directly supports The Harbour's services to youth, or in the case of purchase, knowing that your great prize supports a great cause!
4. Advertise in the Program Book: Promote your business! The booklet is distributed to benefit supporters and attendees and posted on our website.
5. Send a Donation: Donations are what enable The Harbour to continue serving youth in our community; any amount that you can give is greatly appreciated. All donations are gratefully acknowledged in our newsletters, on our website, and in a personal letter to you, and are tax-deductible.

Look for your Benefit invitation with more details in the mail. If you are interested in sponsorship or advertising in the program book, please call Janice at The Harbour at 847-297-8540 to receive a packet with forms for these opportunities. **PLEASE SAVE THIS SPECIAL DATE!**



## NEWS, SPECIAL EVENTS, AND NOTES

### ***Board News: Welcome New Board Members!***

We are delighted to welcome these new members of our dedicated volunteer Board of Directors:

**Kevin Telford** comes to us from years of work in the financial management industry, and with graduate degrees in Management and Elementary Education. Kevin lives in Chicago with his wife and 12 year-old daughter. Having retired early, Kevin enjoys photography, travel, performing magic for friends and family, and accompanying his equestrienne daughter to riding events. He also volunteers for *Housing Opportunities for Women*.

A resident of Morton Grove, **Leslie Windmon** has a background in economics and finance, and currently works as a licensed realtor for realestate.com, a subsidiary of Lending Tree. Leslie is training for the upcoming Relay for Life, a team overnight running event to benefit the *American Cancer Society*, in honor of her father and grandfather who lost their battles with this disease. Leslie also enjoys reading, photography, shopping, spending time with family, and watching her 5 year-old daughter Taylor perform in dance classes.

**Michelle Macklin-Burton** has a degree in Urban Planning and Policy from UIC, and has worked in this area for years, including as Manhattan Borough Office Director for the New York City Department of Housing Preservation and Development. She lives in Evanston.

**Derrick Clifton** is a student at Northwestern University, double majoring in Communications Studies and Political Science. As an LGBT-identified individual, he is also concerned about the prevalence of homelessness in LGBT (lesbian, gay, bisexual, transgendered) youth, and thus has a personal connection to our mission. In his spare time, Derrick is an Assistant Debate Coach for Evanston Township High School and teaches the Debate Seminar at Walter Payton College Prep. He also enjoys playing tennis.

### ***Staff News: Welcome to Alisa Jackson-Comer, New Program Director***

Alisa Jackson-Comer joined The Harbour staff last June. Ms. Jackson-Comer has an MA in Applied Behavioral Science from Valparaiso University and an MA in Social Work from the University of Chicago. Prior to joining The Harbour, she spent nine years as Associate Director of Family-Based Services at the Youth Campus in Chicago. She has almost 20 years of professional experience in providing, administering and supervising services to disadvantaged youth. As Program Director she is responsible for all daily program operations, service and clinical staff supervision, licensure compliance of the homes, ensuring resources for services, summarizing program statistics and outcomes, and report writing. *We are delighted to have her on our staff!*

### ***TLP Client attends Presidential Inauguration***



One of our clients attended President Obama's inauguration in Washington D.C. on January 20. She is a 17 year-old client in our Transitional Living Program, currently attending high school and working part-time. She was one of only 20 students chosen from Howard Community Alternative High School to represent the student body at the inaugural ceremony, traveling with her school group by bus to the Capitol.

### ***Charitable Giving's Positive Brain Buzz***

You already knew that donating to a good cause made you feel good, right? But did you know there's a biological basis for that warm fuzzy feeling? University of Oregon researchers reported in the prestigious journal *Science* that volunteers who donated money electronically to a local food bank (as a condition of the study) showed activation of pleasure centers in the brain when their donation reached the food bank's account. The effect was even greater when the contribution was completely voluntary.

*So, if winter has you down, you know what to do!*

# THE YEAR AT A GLANCE

## *Our Clients Give Back*

Girls in our programs volunteered for our long-time supporters, the **Park Ridge AM Kiwanis**, at their booth at the Taste of Park Ridge over the Fourth of July weekend. Clients from our Evanston Transitional Living Program (TLP) home helped out at the **Northwestern University Food Pantry** by delivering meals to residents in the community. At Thanksgiving, girls in our programs visited with patients at **Evanston Northwestern Hospital** and helped to serve holiday meals, and on another occasion visited with seniors at a local assisted living facility.

## *A Successful Fall Luncheon Event*

Our Fall "Celebrating Women" Luncheon was held on November 15 at *Carlucci Restaurant* in Rosemont, and featured speaker **Char Wenc** ([www.charwenc.com](http://www.charwenc.com)), who is a nationally recognized educator and best-selling author. The event hosted 46 women and raised over \$4000 toward our programs for homeless youth. *Thanks to all who attended and / or donated in helping to make this event another success.*

## *The Harbour featured in Local News*

For the second year in a row, a Harbour client was featured in an article addressing youth homelessness in the north Chicago suburbs in the *Arlington Heights Post*. Staff writer Katie Okon profiled Donna, a 19 year-old homeless teen in our Independent Living Program, and the progress she has made. Donna had conflicts with her parents and was eventually thrown out. With help from The Harbour staff and her caseworker, she has made progress in handling both independence and responsibility. She shares an apartment with a roommate and her niece and nephew, and is working full-time, and looking for a financial aid package for college. We thank the *Post* for helping to publicize the little-known issue of youth homelessness in the suburbs.

## *Holidays at The Harbour*

Local community groups came out in force this year to enrich the lives of our clients. The **Park Ridge AM Kiwanis** gave a holiday party for the girls in the Safe Harbour Shelter again this year, helping to trim the tree and generously providing the tree, pizza, soda and gifts. **Rock for Kids** provided multiple gifts for all of our clients from their wish lists, and gifts for the children of parenting clients. The **Park Ridge Juniors** again provided many beautiful gift bags for our clients. Holiday gifts for clients were also provided by **Joseph Partipilo and Associates** and **Maine East High School Lyceum Group** students. Finally, another holiday celebration for clients was also organized by **The Harbour's own Resident Advisors and Youth Development staff**. *Many thanks to all of these groups for making the holidays special for our clients.*

## *2009 Spring Benefit a Success*

*The Harbour Hop*, our 38<sup>th</sup> Annual Spring Benefit, was held at The Glen Club in Glenview on Saturday, May 9, 2009. Guests went back in time for a 50's style sock hop, enjoying music by the **Peppermint Patties**, cocktails, dinner, dancing and auctions for great prizes. **Don Baker** of **Youth Organizations Umbrella (Y.O.U.)**, one of our long-time collaborating partner agencies, was honored with the annual *Bobby Meyer Commitment to Youth Award*. Don served on the founding committee of Y.O.U. and became the organization's first Executive Director in 1972, and has remained the driving force of Y.O.U. for more than 35 years. Harbour graduate **Delia Rigby** received The Harbour *Beacon of Success Award*. This event raised almost \$25,000 to fund our programs that provide shelter and comprehensive services to homeless youth in our community. *Many thanks to corporate sponsors **First American Bank**, and **E. J. Coyne and Co., Inc.**, our other business sponsors, and to all those who attended, donated, and/or bought auction items.*

### ***Help The Harbour when you Search or Shop On-line***

**You can help The Harbour every day when you go on-line.** Please use [www.GoodSearch.com](http://www.GoodSearch.com) as your preferred Internet search engine. Every time you use GoodSearch and designate The Harbour as your charity, money goes into our account. (The money is generated by ads, the same as on Google.) You can also help us by using the on-line shopping portal [www.iGive.com](http://www.iGive.com). Up to 10% of every purchase price will go to The Harbour if you designate us as your charity. There are over 600 brand-name merchants in the *iGive* Mall (every major retailer, even Amazon, e-Bay and United Airlines!). There is no cost to you, your privacy is guaranteed, and the donated portion of your purchase is tax deductible. *Please bookmark these sites.*

# THE HARBOUR'S PROGRAMS

## *Safe Harbour Emergency Shelter Program*

Our Safe Harbour Emergency Shelter program serves homeless, runaway, abused and neglected adolescent girls ages 12-20 in the north and northwest suburbs of Chicago. While in the Shelter the girls remain in school and receive counseling, social services and educational support. The Shelter program serves to reduce the number of runaways and locked-out youth who are on the street, and keep them in school and the community. The Shelter is located in Des Plaines. It is currently staffed for six beds. The Shelter program prevents family violence by providing crisis intervention, a respite for the teen and her family, counseling, and services and referrals to ameliorate family problems. In most cases we are able to reunite girls with their families. *We are the only agency in the north and northwest suburbs providing shelter to unaccompanied youth over 17.*

## *Transitional Living Program*

Our Transitional Living Program (TLP) serves girls aged 16-21 who cannot live at home due to parental absence or family dysfunction. The program provides supervised housing, financial support, and social services for up to 18 months while the girls complete high school, work part-time, and begin the transition to independent living. Our TLP homes are scattered throughout the north and northwest suburbs, and each is home to 4-5 girls.

## *Independent Living Program*

Our Independent Living Program (ILP) serves 16-21 year-old youth in making the transition to self-sufficiency. Youth live in their own apartments and work full-time (or part-time if attending school). The ILP provides gradually decreasing financial support, social services, counseling and case management while the youth works toward financial independence.

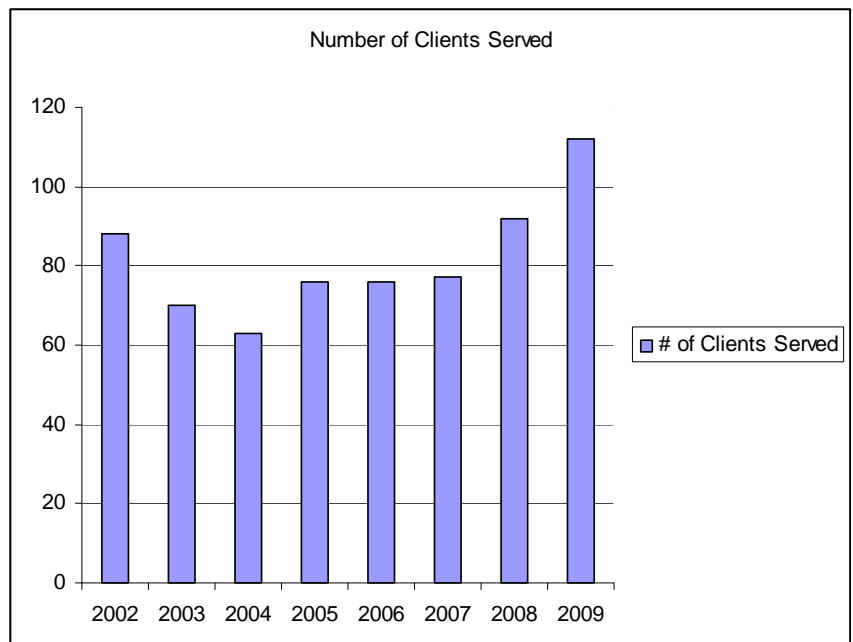
## *Successful Teens / Effective Parents Program*

The Successful Teens / Effective Parents program ("STEPS") (formerly called *Foundations of Living for Youth*) serves pregnant and parenting youth ages 16-21, a growing segment of our clients. Parenting youth lack the emotional and intellectual maturity, life experience, and resources to cope with the demands of parenting without substantial support. The youth and their child live in their own apartments, and receive gradually decreasing financial assistance and comprehensive social services, counseling and case management. This program is designed to provide stable housing and intense social services and support to these youth, to ensure their ability to successfully care for their children. *We are the only agency in the north suburbs providing residential services to homeless pregnant and parenting adolescent girls.*

### Recent Trends in the Need for our Services

The economy continues to impact families in our area. Economic stress on families already having some intra-family conflict or other problems may result in a youth being thrown out or running away. A recent investigative report by the *New York Times*\* documents the impact of the recession on national trends in teenage runaways: A significant increase has occurred since the economic downturn began. *As shown at right this trend is also reflected in our own service statistics.*

\*Recession drives youth runaways. *The New York Times*, 10/25/09.



# PROGRAM SUCCESSES 2009



## *Safe Harbour Emergency Shelter Program*

- 29 girls (unduplicated) were cared for at the Safe Harbour Emergency Shelter
- 503 nights of care were provided
- 100% of parents of minors were successfully contacted within 72 hours of the girl's Shelter intake
- 100% of family of girls placed more than 72 hours participated in services
- 100% of girls with a planned discharge reported feeling safe while at the Shelter
- 100% of girls did not miss more than one day of school due to placement
- All girls were kept in their home school
- 100% of girls reported being satisfied with the services of the program
- 93% of stays resulted in a planned discharge
- 94% of minor youth were reunited with family
- 100% of girls with a planned discharge were successfully linked to community resources
- 100% of girls with a planned discharge remained in their discharge placement at 3-month follow-up

## *Transitional Living Program*

- 52 girls (unduplicated) were served in the combined Transitional Living Program (TLP)
- 7863 days of care were provided by the TLP
- 97% of girls with a planned discharge reported feeling safe while in the program
- 97% of girls increased their independent living skills as measured by the Ansell-Casey instrument
- 71% of girls had completed high school or equivalency at discharge; 29% were in process
- 58% of girls had been employed continuously for 6 months at discharge
- 61% of girls in the program more than 90 days successfully graduated to independence
- 89% of program graduates reported satisfaction with program services
- 100% of girls with a planned discharge were linked to community resources following discharge

## *Independent Living Program*

- 10 girls (unduplicated) were served by the Independent Living Program (ILP)
- 1699 days of care were provided by the ILP
- 3 girls graduated to independence; 7 were continuing in the program at year-end
- 100% of graduating girls had maintained full-time employment for at least 3 months prior to discharge
- 100% of graduating girls were economically self-sufficient for at least 3 months prior to discharge
- 100% of graduating girls had maintained a stable living situation for at least 6 months prior to discharge
- 100% of graduating girls reported being satisfied with program services
- 100% of graduating girls were linked to aftercare services and community resources

## *Successful Teens / Effective Parents Program*

- 21 pregnant or parenting girls (unduplicated) were served by the STEPS program
- 4197 days of care were provided by STEPS
- 13 girls left the program with a planned discharge; 8 were continuing in the program at year-end
- 100% of youth were utilizing essential services (WIC, TANF, parent education) within 6 weeks of program entry
- 100% of girls with a planned discharge had maintained a stable living situation for at least 6 months prior to discharge
- 100% of parenting girls maintained custody of and successfully cared for their children
- 92% of girls with a planned discharge reported satisfaction with program services
- 100% of girls with a planned discharge were linked to aftercare services and community resources

## Statement of Activities

For the year ended June 30, 2009

## Statement of Financial Position

June 30, 2009

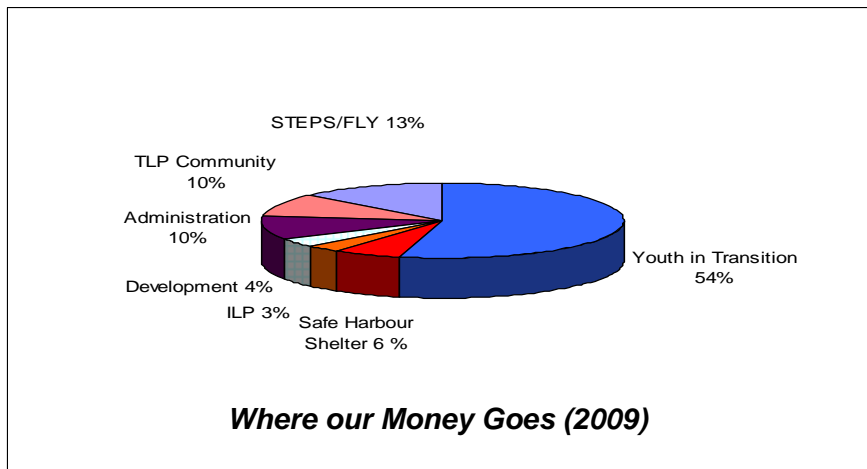
<b>Revenues:</b>	
State Contract	\$ 1,274,476
Private Contracts	29,650
Government Grants	492,487
Local Government Grants	95,608
State Grants	169,515
United Way	53,123
Public Support	181,847
Special Events	56,431
Interest	3,047
Income From Restricted Assets	1,616
<b>Total Revenues</b>	<b>\$ 2,357,800</b>

<b>Expenses:</b>	
Safe Harbour Emergency Shelter	\$ 138,494
Transitional Living Program	1,279,500
Foundations of Living for Youth	124,971
Transitional Living-Comm.	229,146
Independent Living	66,386
Successful Teens/Effective Parents	185,689
Administration	231,983
Development	133,390
<b>Total Expenses</b>	<b>\$ 2,389,559</b>

**Increase (Decrease) in Net Assets**      **\$ (31,759)**

<b>Assets</b>	
<b>Current Assets</b>	
Cash and Cash Equivalents	\$ 2,156
Short-term Investments	52,007
Accounts Receivable	84,605
Prepaid Assets	60,075
<b>Total Current Assets</b>	<b>\$ 198,843</b>
Land, Building and Equipment, net	\$ 473,663
Other Long Term Assets	5,342
<b>Total Assets</b>	<b>\$ 677,848</b>

<b>Liabilities and Net Assets</b>	
<b>Current Liabilities</b>	
Accounts Payable	\$ 24,637
Accrued Liabilities	150,968
Bank Line of Credit	169,777
Mortgage Payable-Current	9,514
<b>Total Current Liabilities</b>	<b>\$ 354,896</b>
<b>Long Term Liabilities</b>	
Note Payable	\$ 50,000
Mortgage Payable	172,996
Other Long-Term Liabilities	20,979
<b>Total Liabilities</b>	<b>\$ 243,975</b>
<b>Net Assets</b>	
Unrestricted	\$ 24,962
Temporarily Restricted	54,015
<b>Total Net Assets</b>	<b>\$ 78,977</b>
<b>Total Liabilities and Net Assets</b>	<b>\$677,848</b>



**Thanks to the following for their generous support from July 2008 through June 2009:**

**Champions - \$20,000 and Over**

Bufka Foundation  
Andrew & Alice Fischer  
Charitable Trust  
Park Ridge Juniors

**Benefactors - \$10,000 to \$19,999**

Blowitz-Ridgeway Foundation

**Sentinels - \$5,000 to \$9,999**

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McGraw Foundation  
Tom Russell Charitable  
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**Advocates - \$1,000 to \$4,999**

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Joan & Tom Broderick  
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Millie & Tom Frawley  
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Northfield Community Church  
Owens Foundation  
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Herman & Katherine Peters Foundation  
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Norman Whyte  
Wilmette Optimist Club Foundation  
Renee & Mark Zalatoris

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Audrey & Ronald Snyder  
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Temple Jerimiah Brotherhood  
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United Methodist Women of Park Ridge  
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Joy & W. Lawrence Walton  
Gregory Ward & Bill Lachman  
Judith & Harold Whitacre  
Estelle & Gregory Wojkowski  
Laura Zimmermann

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Sue & W.J. Bell - *in honor of Mary Ann Irvine and State Rep. Rosemary Mulligan*  
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 Alice Kraus  
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 Shelly & Donald Trilling  
 Genita & Jose Vallesterol  
 Heather Whyte  
 Lindsey Whyte & Emilio DiBenedetto - *in memory of Joanne Elliott and Robert Sherman*  
 Cherrie & Richard Wickstrom  
 Patricia & William Williams  
 Cynthia & Solomon Yisak  
 Marlene & Howard Zimmerman  
 Carolyann Zonia & Mark Messerly

**In-kind Donations**

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 Ala Carte Entertainment, Inc.  
 Arlington Park Racecourse  
 Art Post Gallery  
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 Bertucci's  
 Bob Chinn's Crab House  
 Marla Kell Brown & Steven Brown  
 Century Theatre  
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 Chicago Shakespeare Theater  
 Chicago White Sox  
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 Kevin Kolodzey  
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*Every effort has been made to report contributions fully and accurately. We apologize for any errors and ask that you forward any corrections to Janice at The Harbour office (847-297-854) or janice@theharbour.org. Thank you for your understanding and your generosity to The Harbour.*

*We are very proud of the fact that the majority of our clients continue their education after high school; even one year of post-secondary education cuts the poverty rate in half for single women in Illinois.*







## VOLUNTEER ACTIVITIES, IN-KIND DONATIONS AND GOOD WORKS

*Thanks to the following for their efforts that improved the lives of our clients:*

- Entact & Associates, LLC for a laptop, computer projector and six copies of our video describing The Harbour
- Tickets for Kids for providing tickets to both *Barney and Bailey Circus* and *Cirque du Soleil* for clients
- Instructor Jaime Sandoval and graduate student Michele Guerreo of Harrington College for graphic design services
- Ed Coyne Insurance Company for donating two cases of fruit
- Kiwanis Club of Des Plaines for seasonal yard clean-up and landscaping at the Shelter
- Park Ridge AM Kiwanis for giving program residents a holiday tree-trimming party with pizza and gifts
- Park Ridge Juniors for providing beautiful holiday gift bags to all clients
- Rock for Kids for providing holiday gifts for our clients from their wish lists
- Partner2Learn for generous holiday gift bags for clients
- Jessica Pilgrim and her volunteer team from AT&T Services in Hoffman Estates for cleaning and organizing the Shelter garage through the *United Way's Day of Caring* program
- Maine East High School Lyceum Group students for providing six apartment start-up kits for clients and the "adoption" of single-parent families in our STEPS program for the holidays, providing them with gifts and supplies
- Joseph Partipilo and Associates for holiday gifts for our clients
- Hawthorne Community College for a donation of linens
- Ted Sigg for repairs to the Safe Harbour House
- DePaul Service Learning Program students for volunteering at the Safe Harbour House

*Visit us on the Net* -- Please visit our web site at [www.theharbour.org](http://www.theharbour.org), where you will find information about our programs, our outcomes and successes, upcoming events, personal stories from some of our clients, information about homeless youth in Illinois, and ways that you can help, including a link to donate on-line.

### THE HARBOUR, INC. BOARD OF DIRECTORS FY09

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### Board Meetings FY09

August 18, 2008      November 24, 2008      February 16, 2009      May 18, 2009      Annual Meeting - June 15, 2009

*All meetings at 1440 Renaissance Drive, Suite 240, Park Ridge, IL*

### *The Harbour* inc. Mission Statement

The Harbour advocates for and provides services to youth, in order to enhance safety and stability, nurture personal growth, and promote the development of healthy relationships with their family and others. Our vision is that all youth will live in safe environments, achieve personal maturity, and establish and maintain healthy relationships within their families and with others.